

COVID-19 update

The health and safety of staff and clients is our top priority

Thursday 10 September 2020

AGILE WEEK – BLUE TEAM

Staff updates page | Health and Wellbeing Team initiatives

Take care Thursdays — R U OK? Day

2020 has been a challenging year for everyone, and circumstances have made it even more important for us all to stay connected and, for those who are able, be willing to support those around us.

Today is <u>R U OK? Day</u>, a reminder that every day is a day to start a conversation that could change a life. Take some time today to <u>learn how to keep the conversation going</u> when someone lets you know they're struggling. By knowing what to say, you can help make a positive difference by making them feel supported, and helping them access appropriate help long before they're in crisis.

If you need to talk, you can always reach out to one of State Library's <u>Peer Support People</u>. Or you can <u>book a chat with a Wellness Buddy</u> — someone to lend an empathetic ear or catch up with if you're feeling a bit disconnected, or perhaps finding it tough settling back into office life. You'll be surprised how much better you feel after a good friendly chat! You can also contact State Library's Employee Assistance Provider Benestar, available 24/7 on 1300 360 364.

Remember your <u>Health and Wellbeing Team</u> are <u>leading a great range of initiatives</u> to support all staff in the current COVID-19 environment. Find out what's coming up.

Getting tested? Tell your People Leader immediately

If you have a COVID-19 test, please advise your People Leader immediately and do not come to the workplace while you are awaiting test results. You also need to notify your People Leader once you receive your results.

Onsite desk arrangements

Each team needs to manage the number of staff in their work areas on a daily basis. Unfortunately it is not possible to physically move desks or workstations to change configurations, and some staff may need to work from different desks to their own on their days in the workplace to ensure appropriate physical distance is maintained. Don't forget you can pick up sanitising products from the staff kitchens to sanitise your workstation before and after use.

Vicki